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## THE CENTER FOR LOSS AND BEREAVEMENT

*Dear Friends and Supporters:*

*March 26, 2020*

Thank you for your generous support for the important mission of the Center for Loss and Bereavement. To ensure the safety and health of our participants, volunteers, sponsors, and staff during this COVID19 pandemic, we've made the necessary decision **to postpone our 5K event on May 2<sup>nd</sup>**. We are currently working with Worcester Township and our racing company to find a suitable date to reschedule. **We will keep you informed** of our plans and look forward to the day when we can gather in this uplifting event together. We're so grateful for the tremendous support you've already provided through race registrations, sponsorships, and donations-in-kind, and hope that you will remain committed to helping our Center raise funding to continue responding to our area's critical impacts of grief. Please keep encouraging others to join our race, and share awareness about our mission's value to this community.

Through the current sense of global uncertainty, we want to reinforce that we are doing all possible to **maintain the stability of our care and access for people in need**. We are continuing to serve the Center's existing clients and group participants by offering new virtual means of connection and support. In addition, we are now preparing our staff and building the capacity to help support the individuals, families, and organizations who will be impacted with grief and traumatic stress as a result of this pandemic. In conjunction with the frontline healthcare workers fighting this virus, and in responding to their own potential needs, we are honored to be among the local mental healthcare professionals who will be present throughout and following this pandemic.

We hope that you all remain healthy and safe, and remind you that at this time and always, investing in capable, trusted mental health care will keep you and your community more resilient, connected, and stable through any difficult circumstances. Please reach out to us if you or someone you know could benefit from our therapy or group support services, now or in the coming months. If you have any questions, need personal help, or want to provide financial support for others to have greater access to our services, we welcome you to reach out to Emily Vincent, Executive Director, at [emv@bereavementcenter.org](mailto:emv@bereavementcenter.org) or to Donna Piergallini, Development Director, at [dp@bereavementcenter.org](mailto:dp@bereavementcenter.org). In addition, please continue to follow us on Facebook and other social media for more frequent posts sharing hope and helpful coping strategies, as well as to receive updates about our services and future events.

*With much gratitude and wishes for your wellbeing.*

*The Board and Staff of the Center for Loss and Bereavement*