



Program Options in response to COVID-19

Our Center continues to meet the needs of those most directly impacted by the global health pandemic through several services:

- For **Individuals, Couples and Families** needing the direct guidance and counsel of an empathetic therapist, virtual appointments are available with our clinical staff. Our therapists, who have specialized expertise and experience in all areas of grief and loss, provide a confidential space for clients to explore specific issues, challenges and concerns.

- For **Adults** looking to connect with others who have experienced a **recent death during this time, due to COVID-19 or any cause**, our specialized support group program is offering an ongoing, mixed-loss, virtual support group. Our Circle will offer a safe connection for sharing and expression with others who may feel isolation and detachment from lack of tradition social supports following a death. **Every other Wednesday evenings, 7-8:30 p.m. 6/17, 7/1, 7/15, 7/29, 8/12 and 8/26**

- For **Children or Teens**, our school-year Nello's Corner Support Group program is offering an every other week **virtual peer group during the summer months**. Open to those ages 7-18 years who have experienced a **recent death from any cause during the time of the pandemic**, children will have an opportunity to learn from each other what grief is, how it feels and develop strategies for coping.
Six Tuesdays, 10-11 am June 30th, July 7th, 14th, 21st, 28th, and August 4th

- For **Healthcare Workers during COVID-19** who are facing issues of loss and grief every day during work and trying to protect families when home, a special, **ongoing virtual support group** will provide a safe, confidential outlet for release and camaraderie. Those giving the most to others can only do so when attention is also given to self-care.
Monday evenings, 7-8:30 p.m. June 22nd, July 13th, August 3rd and August 24th. We will then evaluate the need/options for continuing sessions.

Please Visit www.bereavementcenter.org for more information.