



The Center *for* Loss and Bereavement

Specialized Adult Support Groups



NEW GROUP OFFERINGS

AFTER THE BELL SUPPORT GROUP

For educators and school personnel facing issues of loss and grief with students, coworkers and selves. This group will provide a confidential and safe space for processing and expression.

MIXED LOSS SUPPORT GROUP

For adults grieving a recent death during this time, due to COVID-19 or any cause.

SUPPORT GROUP FOR HEALTHCARE WORKERS DURING COVID-19

For front-line workers facing issues of loss and grief during work while trying to protect families when home. The group will provide a safe, confidential outlet for release and camaraderie.

ONGOING SUPPORT GROUPS

MONTHLY LOSS OF CHILD SUPPORT GROUP

For parents who have experienced the loss of a child who was an older teen or adult.
2nd Monday of each month, 6:30-8 p.m.

TWICE-A-MONTH YOUNG ADULT GRIEF SUPPORT GROUP

For those ages 19-29 (approx) who have experienced significant loss and wish to gain insight from peers. Every other Wednesday, 7-8:15 p.m.

OTHER LOSS SPECIFIC GROUPS

(scheduled as interest is shown)

LOSS OF SPOUSE

LOSS OF SIBLING

LOSS OF PARENT

AMBIGUOUS LOSS

LOSS DUE TO SUICIDE

MISCARRIAGE & INFANT LOSS

LOSS DUE TO ADDICTION



FOR MORE INFORMATION PLEASE VISIT:

www.bereavementcenter.org/specialized-groups/ or call: 610-222-4110