

Camp Millie 🔅

A summer bereavement daytime camp where children and young teens can find friendship, support and feel less alone in their grief of a family member

The Camp Millie Connection

During Camp Millie, children connect with peers coping with the death of a family member. The atmosphere is filled with energy and hope as campers experience a sense of belonging, trust and acceptance. Campers recognize themselves in each other, feeling less alone. We strive to bring laughter and joy into their lives while providing the opportunity to share their experiences with loss and bond with peers.

"Camp provides an excellent blend of activities and sharing, helping children feel comfortable and emotionally safe."

"Experiences like Camp Millie are so healing and enriching for them. It gives us hope." "I love Camp Millie Can't we come all summer long???"



<u>How to Register</u>

(on-going throughout the year)

- Log on to our website for specific details www.bereavementcenter.org /camp-millie
- Call 610-222-4110, ext.118 or email us for registration link lh@bereavementcenter.org

Campers provide their own bag lunches and transportation.

Fee per camper with discounts offered for siblings.

What Happens?

- Age-specific groups for grief activities and discussions, addressing unique challenges
 Arts and music for creative expressions of feelings and
- memoriesNew understandings of loss
 - Build coping strategies
- Identify personal strengths

Lots of fun and commaderie

Our Team

- Professional therapists and program staff from the Center who regularly work with grieving children
- Specially trained adult volunteer Buddies are paired with campers for all activities
- Trained volunteers facilitate games, crafts, and additional activities.
- Therapy dogs provide comfort and furry companionship.



Where is Camp Millie?

- Central Community Center on Steelman Road in Lansdale, 5 minutes from our Skippack Center.
- Facilities include a picnic pavilion, game fields and a large airconditioned building with a gym and meeting rooms.
- Plenty of space to spread out, rain or shine!

