

The Center *for* Loss and Bereavement

ANNUAL REPORT 2020

Honoring 20 years of Hope, Mission and Impact



MISSION

The Center for Loss and Bereavement is a non-profit resource of specialized knowledge and professional support that provides meaningful connection and restorative guidance for those impacted by grief.



Our Vision is for all facing loss to find solace and renewed strength while investing in life.

Our Services include:

- Specialized grief counseling for individuals, couples, and families encountering death, chronic illness/disability, or end-of-life issues - serving all ages and populations
- Peer support through group programs, offering connection for grieving children, teens, and adults.
- Trainings and partnerships with other local resources, increasing grief awareness and knowledge within the professional community.
- Customized consultations on grief-related matters that present in schools, organizations, and businesses, addressing systemic impacts of loss



The Center for
Loss and Bereavement

3847 Skippack Pike, P.O. Box 1299

Skippack, PA 19474

610-222-4110

www.bereavementcenter.org

EIN 23-3011941

A YEAR IN REVIEW

Looking ahead towards 2020 brought with it much anticipation and excitement for those invested in The Center for Loss and Bereavement's valuable mission. It marked the twenty-year milestone of establishing trust, dedication, and groundwork in our field. Our leadership team approached this anniversary with great hopes and energy fueled by a strategic planning process focused on strengthening our programming and partnerships, and on building more capacity for our future. We planned events that would bring our stakeholders and community together in honoring the positive impact our mission made in twenty years of foundational work. We recruited additional staff and board members in responding to increased demand for our services and embarked on regional partnerships for national research on better serving underrepresented populations in our grief work. The momentum was set to build on the immense progress made in our first twenty years by deepening our resolve for the next twenty.

This momentum was disrupted when the Covid-19 pandemic took hold of the world, bringing sobering public health concerns of devastating trauma and grief, along with intensifying strife, to the masses. The board and staff of The Center for Loss and Bereavement banded together to effectively and carefully meet these challenges, creatively adapting our responses to the growing needs of our grieving clients and community. Consistently pivoting throughout this last year, our team shifted gears but not focus on our vision. We used new strategies to engage with our partners and reach those most impacted by the isolation and devastation of grief in this complicated time.

The generosity of those who strengthened our capacity with guidance, resources, and contributions of support ensured that the Center would remain a source of light and hope through what has become one of the most grief-laden, overwhelming periods in lived history. Our services continue on the path blazed twenty years ago, but have now grown with added compassion and insight into just how massively grief can disrupt both lives and communities, and also how integral the support of others is to our ability to provide our specialized services. The pages ahead demonstrate the many ways we were able to bring connection, knowledge, and solace to help others find healing in the wake of profound loss over the years, and in this past year of remarkable grief. We hope you'll take interest in learning more about our work, and find our mission worthy of further support as we restore better health and community connection to others grieving through the long road of recovery we now face, together.

HOPE • MISSION • IMPACT



SERVICES

SPECIALIZED GROUP SUPPORT

We offer special interest support groups for bereaved adults of all ages. Each year we bring together individuals with shared loss in a closed group format to offer comfort, understanding, and perspective in finding strength while living with grief.

Some of our frequently run groups:

- Adult Loss of a Parent
- Loss of Spouse or Partner
- Support for Suicide Loss
- Young Adult Grief Support
- Loss of a Child
- Loss due to Addiction/Substance Abuse



COUNSELING

Counseling is available at any time for those who wish to have individual, couple, or family therapy from one of our specialized, credentialed counselors. Our therapists have extensive training and experience supporting clients dealing with anticipatory or permanent losses of life, health status, or ability. We approach each person or family with personalized care, offering varying support levels, ranging from short-term or as-needed guidance and support to ongoing intensive therapy for those dealing with the most complicated, traumatic loss experiences. Our counselors are compassionate professionals and maintain excellence in training and integrity.

TRAINING AND PRESENTATIONS

The Center's resources are also made available to better strengthen the community by increasing awareness about grief and loss. In-service programs and training workshops have been given to countless groups, including schools, colleges, retirement communities, local businesses, and other professional/volunteer groups. Our staff regularly receive specialized training in grief topics and a wide breadth of mental health core competencies to ensure we are practicing and teaching from current knowledge and trends in our field of expertise. We are an approved Continuing Education provider through the Pennsylvania State Board of Licensed Clinical Social Workers, Marriage and Family Therapists, and Professional Counselors. We also host presentations for youth and adult audiences.

CAMP MILLIE

Camp Millie is a summer bereavement camp offered to elementary and middle school-aged children who have experienced an immediate family member's death. Launched in 2005, our summer bereavement camp strives to bring peer support, emotional expression, and coping skills, along with laughter and joy, into the lives of children who experience family grief. Children are invited into an environment of safety and hope. At Camp Millie, children's days are filled with summertime adventures, friendship, and support, along with activities that encourage the exploration of grief stories, reactions, supports, and memories.

CUSTOMIZED CONSULTATIONS

The Center for Loss and Bereavement's professional staff are available to consult with schools or community organizations for any specific topic or need that presents outside the scope of our other education or therapeutic services. We can offer guidance and support for your leadership in structuring helpful responses to matters of grief, death, dying, or other complicating circumstances of loss-related concern.

NELLO'S CORNER - PEER GROUP SUPPORT FOR YOUTH & CAREGIVERS

Nello's Corner is a special program that offers peer group support for children and their caregivers after experiencing an immediate family member's death. This program is offered at no charge to participants due to many donors' generosity, particularly the Nello Memorial Committee. In response to the loss of Nello Nattchione IV, the Nattchione family has added a great deal of financial support to this program to ensure that other families like theirs have access to quality care and the comfort of others during times of devastating family loss. Children, ages 4 through high-school, meet twice a month in the evenings, sharing activities and discussion while finding strength in the company of other children whose lives have been touched by death. The volunteers and staff at Nello's Corner provide a trusted, hopeful space where children can grieve and reconfigure what living means for them. Peer grief support groups are also facilitated off-site to schools and other organizations when requested.

OUR TEAM

STAFF

Emily Vincent, LPC, FT

Executive Director, Therapist

Kim Burian, MA, NCC, CT

Therapist, Intake Coordinator

Emily Cauchon, LPC

Therapist and Group Facilitator

Lois Harris, M.Ed, CT

Program Director, Group Facilitator

Ashley Herr, LPC, CT

Education and Community Outreach Director,
Therapist, Group Facilitator

Pat Keeney, MS

Group Facilitator

Steve Keller, LMFT, CT

Therapist, Grief Notes Contributor

Christina Larkin, MS

Program Coordinator, Group Facilitator

Terri Lepitre, LMFT

Therapist, Group Facilitator

Jamie Lockwood

Administrative Coordinator,
Group Facilitator

Karin Murphy, LPC, CT

Therapist, Group Facilitator

Shelley Robbins, CRNP, MSN

Support Group Facilitator, Educator

Claire Drexler, LCSW, CT

Therapist, Educator

Donna Piergallini, MA

Development Director

Kendra Stenack, LPC, CH, CT

Clinical Director, Therapist

Gracie & Sadie, Therapy Dogs

ACTIVE BOARD MEMBERS

Christopher L. Smith, MBA -Board President

Jeremy C. Brenn, MBA, CFP -Treasurer

Megan Brody, MBA

D. Selaine Keaton, Esq.

Chase Kneeland, M.Div., LMFT

Robb Muse, QPA, CPC, QKA, CEBS

Rita Porreca, MA, LMFT

Lynda Rebarchak – Secretary

Scott Sterling, BA

ADVISORY BOARD

Shirley Elrod, Co-founder

Christine Smith, Co-founder

ALUMNI BOARD MEMBERS

Connie Fretz

Anna Hillman, CPA

Marilyn Pennapacker

Carl Sensenig

Kathleen Thomas, Esq.

Ellen Watson

2020-2021 CENTER INTERNS

Allison Hutchinson

Brian McCaffrey

Ilyssa Sternberg

OUTREACH

OVER
1200
PEOPLE
SERVED

PEOPLE SERVED

443 CLINICAL COUNSELING CLIENTS
Over 443 individuals, couples, and families encountering death, chronic illness/disability, or end-of-life issues met with our therapists

61 SPECIALIZED ADULT GROUP PARTICIPANTS
Individuals participated in groups based on similar types of losses, such as Loss of Spouse/Partner, Loss of Parent, Sibling, or Child, or for stigmatized losses including Suicide Survivors or Loss due to Addiction/Overdose deaths.

154 NELLO'S CORNER PARTICIPANTS
Over 150 children, teens and their adult caregivers participated in the Nello's Corner support groups

46 PROFESSIONAL TRAINING ATTENDEES
Over 46 people participated in continuing education credits for Licensed Social Workers, Marriage and Family Therapists and Licensed Professional Counselors.

88 OFF-SITE PRESENTATIONS ATTENDEES
We developed presentations for schools, agencies, faith-based or community organizations, and local businesses.

17 SCHOOL GROUP PARTICIPANTS
We launched several off-site groups in local schools this year to help extend our reach and support of youth bereavement to underserved populations.

474 EDUCATION AWARENESS/OUTREACH
We reached close to 500 people this year through various topic-specific forums for community members.

2193

Newsletter
Mailing
Recipients

676

Email
Subscribers

OUR
REACH

605

Facebook
Followers

331

Instagram
Followers

36

LinkedIn
Followers

26

Twitter
Followers

Most calculations are based on fiscal calendar which runs from July 1, 2019 to June 30, 2020.

COVID RESPONSE

From March 13th, 2020 through June 30, 2020, our team transitioned to virtual and supported our community through the following ways:

- 550 Virtual Therapy Sessions
- 6 Virtual Specialized Adult Support Groups
- 29 Virtual Nello's Corner Groups
- 3 Virtual Trainings for Professionals
- 6 Virtual Young Adult Group Sessions



FINANCIALS

Our fiscal year runs from July 1, 2019 to June 30, 2020. Below are the highlights from the past year.

ASSETS, LIABILITIES AND NET ASSETS

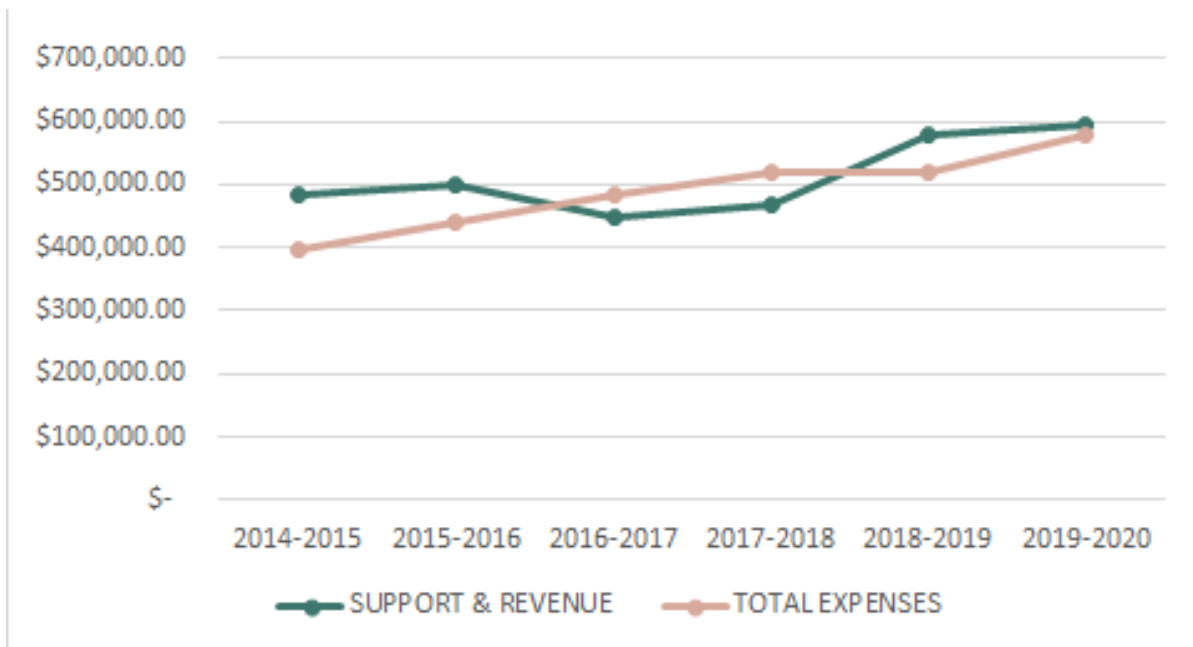
	2019-2020	2018-2019	2017-2018
TOTAL ASSETS	\$ 711,056.00	\$ 616,893.00	\$ 560,160.00
TOTAL CURRENT LIABILITES	\$ 87,163.00	\$ 2,180.80	\$ 2,046.00
NET ASSETS	\$ 623,893.00	\$ 614,712.20	\$ 558,114.00

*Included in 2019-2020 liabilities is the PPP loan received in response to the COVID pandemic

SUMMARY OF REVENUE AND EXPENSES

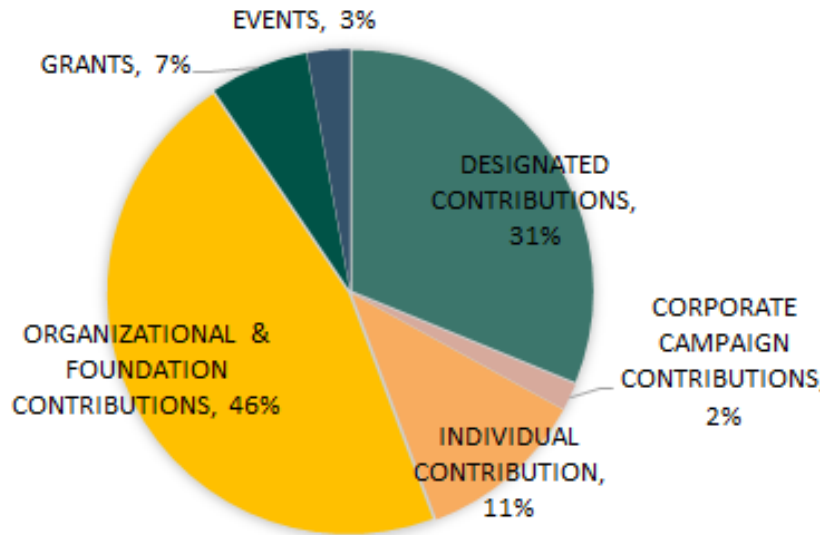
	2019-2020	2018-2019	2017-2018
SUPPORT AND REVENUE	\$ 594,155.00	\$ 577,719.00	\$ 467,190.00
TOTAL EXPENSES	\$ 578,591.00	\$ 519,939.00	\$ 518,407.00
NET ORDINARY INCOME	\$ 15,564.00	\$ 57,780.00	(\$51,217)

INCOME-EXPENSE 2014-2020

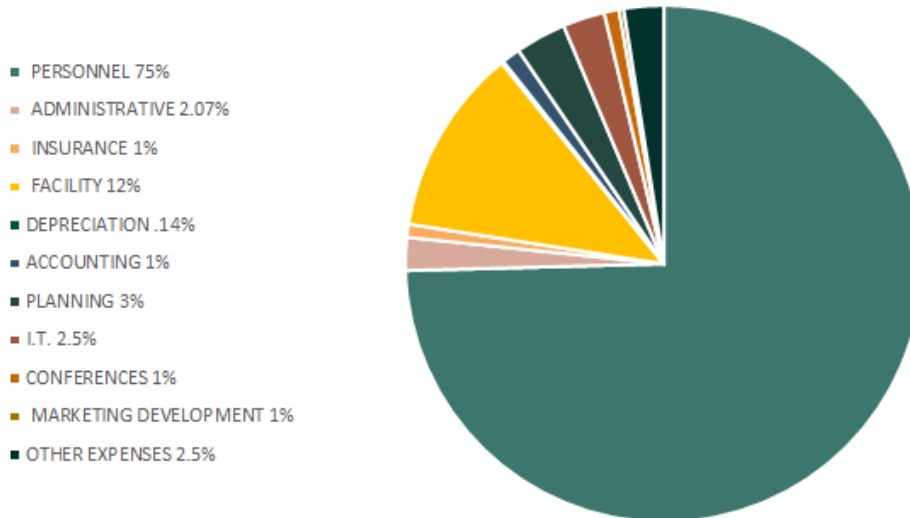


FINANCIALS

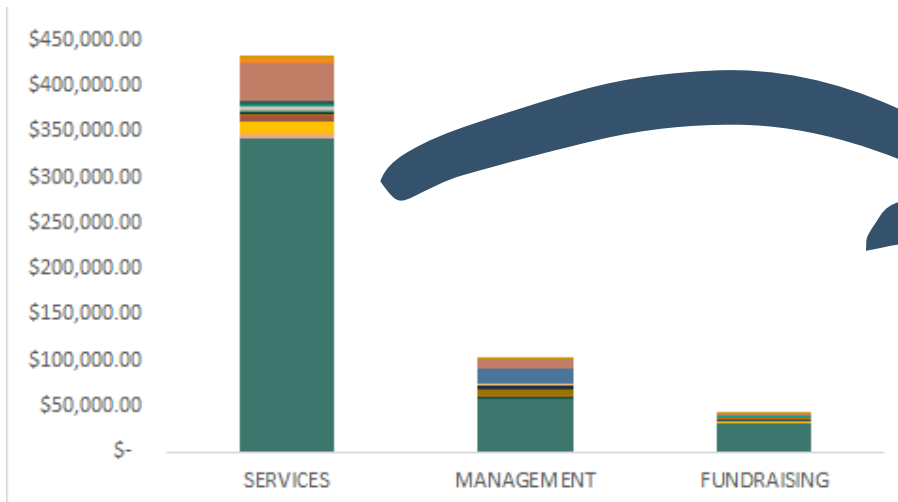
FUNDING BREAKDOWN



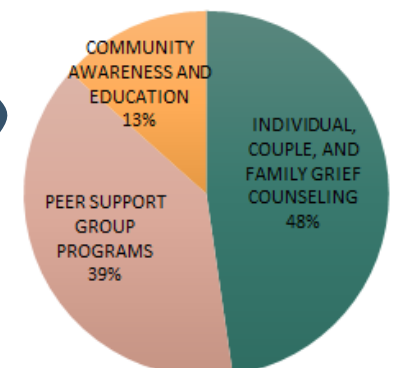
OPERATING EXPENSES



EXPENSE BREAKDOWN



SERVICES EXPENSE BREAKDOWN



Our fiscal year runs from July 1, 2019 to June 30, 2020

EVENTS



CELEBRATING 20 YEARS

We were honored to celebrate our 20th Anniversary in 2020! Our virtual celebration took place in October, and we visited the many ways the Center has impacted the community.



Thank you to our founders, staff, board members, volunteers, clients, community partners, and supporters! Each person that touches our mission reminds us every day of our potential to grow through grief and know we are not alone.

To view virtual stories of history and service, and to contribute to this milestone of mission work, please visit: www.bereavementcenter.org/20thanniversary



STRIDES OF HOPE 5K

The Center for Loss and Bereavement proudly hosted its first 5K! Tying together virtual and staggered teams at the beautiful Heebner Park

became a fantastic event. Thank you to our many teams, sponsors, and participants to support the vital work we do and surrounding those grieving in our community with inspiring hope!

For a list of donors and participants visit: bereavementcenter.org/stridesofhope



2020 DONORS

INDIVIDUAL DONORS

Nancy and Mike Adelman
In memory of Virginia Peterson

John Alchin and Hal Marryatt*

Jacqueline Allen
In honor of Scott Sterling

Shannon & Brian Astheimer
In memory of Robert W. Mysliwiec

Tomalyn Bailey
In memory of Reese Bowman

Frank and Mira Batson*
In memory of Laura and Herbert Wagner

Jim and Kimberlee Beam*
In honor of Christine Smith

Carol and Bob Berardelli
In memory of Larry Smith

Joanne and Mark Bidwell

Natalie Bizzarro
In memory of Eric Y Suzuki

Dave and Patricia Borneanz

Joan & John Bown*

Allan and Diane Bozorth
In honor of Christine Smith

Jeremy Brenn

Julian and Lois Brodsky

Megan Brody*
In loving memory of Asher Brody

Donna Theresa Burke
In memory of Edward Burke III

Micki Burns
In honor of Katie Wilberding-Cross

Suzanne and Guy Bush

James Carey

Elizabeth Carter

Charles and Elizabeth Caruso*
In memory of Lisa Caruso

Diane and Eugene Cestrono

Meg and Tony Cinelli

Kenneth and Frances Clemens

Mark and Iris Coblitz

David and Rhonda Cohen*

Karen Cole
In memory of George Cole

Reana Constanzer

David Samuel Cornish

Colleen Coveney
In honor of Emily Mallard's Birthday

Diane Croce
In memory of Mike O'Neill

Mrs. Imogene Cromer
In memory of Gail Elrod

Joseph Curcio

Pam Daveler
In honor of the Center to help out during this difficult time

Jane, Michael & Maria DelRaso
In memory of Thomas John DelRaso

Sherry DeMito-Regina

Colleen DeMorat and Ray Dombrowski

Jane DeWitt
In honor of Nello's Corner

Bill and Nancy Dingman*

Beth and Dorney Douglass*
In memory of Vincent A. Merola

Jean Earhart
In honor of Bob Shaw, Anita "Pokey" Canuso

Marty and Marsha Erskine
In memory of Gail Franklin Elrod

Pam Euteneuer*

Roy and Nancy Fairman*

Domenic and Sheila Falcone
In honor of Jeremy Brenn

Dolores Fennell
In honor of Christine Smith

Colleen Feras
In memory of Gail Elrod

John and Ellen Flynn
In honor of Christine and Larry Smith

Suzanne Franks
In honor of The families of COVID victims all across our nation

Chris and Kristin French

Barbara Freeze
In memory of Gail Franklin Elrod

Bruce and Connie Fretz

Helen Fretz*
In memory of E.R. Fretz

Jill Gallagher
In memory of those who died from COVID-19

Barbara and Tim Gilbert
In memory of Thomas Nevin Jr., Cathy McAllen & Linda Moberg

David Gomez*
In memory of Kathleen C. Gomez

James and Sara Gowing

Judy Guiliano
In memory of Scott McKeeman

Robert Gusky

Scott and Lois Harris*
In memory of Gail Elrod and Jane & Jack Thomson

Gordon and Kathleen Hart
In honor of the Center's 20 year anniversary

Robert and Winifred Hayes

Dottie Heebner

Jill and Tim Herman

Anna Hillman

Pam and Mara Howard
In memory of Dan Howard

Pam Howard
In memory of Joseph W. Fullem Jr.

Christopher and Beth Hunt*

Nancy and Roger Hunt

Carol and Jerry Hurlbrink
In honor of Pam and Mara Howard

Ken Husband*
In honor of Natalie and In memory of Jaime Ann

Randy and Linda James*

Scott and Selaine Keaton*

Kenton Keiser
In memory of Jeann Keiser

Brian Kelly

Diana Kelly

Allison Kerlin
In memory of COVID victims

Ray and Theresa Kerlin

Jack and Arlene Kilcoyne
In memory of Helen and Walter Ostroski

Chase and Linda Kneeland
In honor of Malcolm L. Kneeland

Bokhyae Koh*

John Konvalinka*

Christine Kroznuski
In honor of Edward D. Kroznuski

Christina and Terry Larkin*
In honor of the amazing staff at the Center

Deborah Lem

Terri and Ken Lepitre

Deborah Linder
In memory of Gail Elrod

Peggy Linder
In memory of Gail Elrod

Julie Lockwood
In honor of grieving youth

Joyce Lockwood
In memory of Bill and Eleanor Merkel

Georgia Lovelady
In memory of Gail Franklin Elrod

Karen and Joe Maglaty*
In memory of Gail Elrod

Kyle Mallach

Edward Manello

Margaret Marron

Kimberly Mason
In honor of Kelli Suzuki

Jerry McAndrew*
In memory of Justin Robertson

Donna and Tom McClennen
In memory of Gail Elrod

Paul and Jeanne McDonald

Margery McGann

Susan and Patrick McGinnis

Bruce McKenney

Bree McQuillan
In memory of Patrick Scott McCullagh and Asher Brody

Janice Merkel
In memory of Bill and Eleanor Merkel

Katie Moran
In memory of Jason Taylor

David Neff
In memory of Nichole Neff

Steven and Molla Netsky

Gary Nolan
In honor of the Brenn Family

Mike Nolan

Kathy Nolte
In memory of my Brother

John O'Brien
In memory of Gail Elrod

Kristen O'Brien
In memory of Carter Gallagher and Cindy Plantarich Zeige, and in honor of Sandy Plantarich Gallagher

Dennis O'Donnell

Susan Oldham

In memory of Eric Suzuki

Jeff and Barb Ost

Linda Padden*
In memory of my dearest life-long friend, Barb Kott

Linda Padden*

Robb and Gina Parlanti

Dale and Marilyn Pennapacker

Nick & Donna Piergallini

Stephen Pike
In memory of Gail Elrod

Vincent and Linda Piotti
In memory of deceased members of the Tornetta Family

Len Podolin

Frank and Jean Poehlman
In memory of Mark and Erma Herr

Rita Porreca and Joseph Ward*

Andrea Porter
In memory of Robert J. Porter Jr.

Georgeanne Regan
In honor of Emily Vincent

Wendy Ricker*

Catherine Riker

Jay and Gretchen Riley

Bruce Risler

Mark and Janet Romeo
In memory of Gail Elrod

Eileen Roth
In honor of Maryanne Costello

Patricia Ruser
In memory of Michael and David Ruser

Linda Schmidt
In memory of John Schmidt Jr.

Abby Schwartz
In memory of Eric Suzuki and In honor of Kelli Suzuki

Carl Sensenig

Carl and Holly Sensenig

Susan Spencer
In memory of Rob Spencer

Bobby and Jane Shaw
In memory of Gail Franklin Elrod

John and Nancy Shane

Beth Smith

Mark and Beth Smith
In memory of Lawrence G. Smith

Christopher and Ashley Smith*
In memory of Lawrence G. Smith

Robert and Barbara Smith

Sherry Smith
In memory of Kimberly Shaw D'Amico

Sparks and Land Families
In memory of Gail Elrod

Scott and Melissa Sterling*

Mark and Julie Stroudenmire
In memory of Gail Elrod

Kelli, Michael, Kaitlin, and Emily Suzuki*
In memory of Eric Y. Suzuki on his 27th birthday, and the ninth anniversary of his death

Kathy Thomas*

Brad and Laurie Thorne
In memory of Gail Elrod

Bob and Sue Vincent

Steve and Emily Vincent*
In honor of COVID Survivors and in honor of the Center's 20th Anniversary

John Walsh
In memory of Gail Franklin Elrod

Ellen and David Watson*
In memory of Jane and Jim Toomey

Susan Weeren
In memory of Gail Elrod

Nancy Wieman*
In memory of Lance Couturier

H. Drake Williams
In memory of Sandra S. Williams

Kim Woodring*
In honor of Audrey K. Woodring

Susan Wroblewski

Donald Yost
In memory of David Yost

CO-FOUNDERS

Shirley and Brad Elrod*
In memory of Gail Elrod, a kind soul who will be very missed.

Lawrence and Christine Smith Charitable Trust*
In memory of my beloved husband, Larry Smith and in honor of my children, Christopher, Lauren and Andrew for their unyielding love and support.

BUSINESSES, ORGANIZATIONS AND FOUNDATIONS:

Allen Myers

Amazon Smile

Benevity Matching Funds

Brodsky Foundation

Burke Family Foundation

CHUBB Matching Funds

Daws Road Chiropractic*

Delta Kappa Gamma

Beta Pi Community Outreach Committee
In honor of the Center's projects to help fight COVID

DCO Orthodontic Specialists

Deluxe Corp Matching Funds

Dunlap SLK
In honor of Jeremy Brenn

Exelon Foundation

Gifts of Joy Foundation

Greater Philadelphia Cultural Alliance

Halligan And Keaton, P.C.
In honor of the Center during these difficult times

Hogs and Honeys Foundation for Kids

Jaymar Foundation*

Larry Plantholt Fund

Little Tower Foundation*
In honor of the Lukens Family

McKesson Foundation

Merck Matching Funds

Michael H. Wise II Memorial Foundation

Montgomery County Chamber of Commerce

Montgomery County Foundation*

Montgomery County Sheriff's Office
In honor of the Lukens Family

Nello Memorial Fund

Network for Good

Multiple Anonymous Donors

Olce Pizza Grill

Pfizer Community Grant

PJ Whelihans, Blue Bell

PayPal Giving Fund

Quest for the Best Foundation

Real Estate Services Inc.

Sensenig Capital Advisors

Stratton Foundation

Tornetta Realty Corporation

VNA Foundation of Greater North Penn*

Wentz United Church of Christ

Whitesell Construction

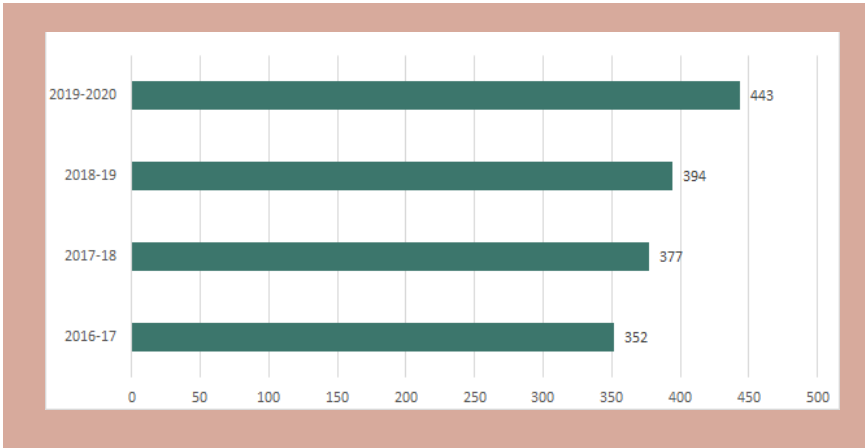
Won Community Service Center*

Wynn Family Foundation*
In memory of Jim Wynn

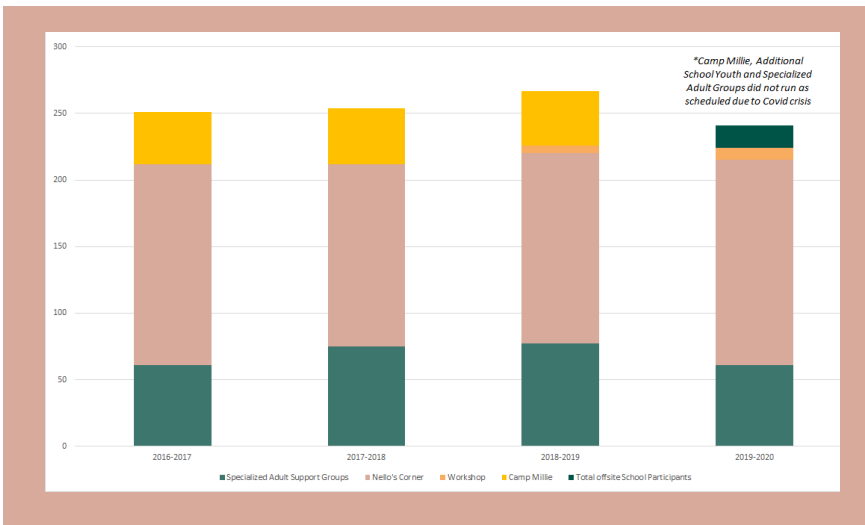


THE FUTURE

COUNSELING CLIENTS SERVED



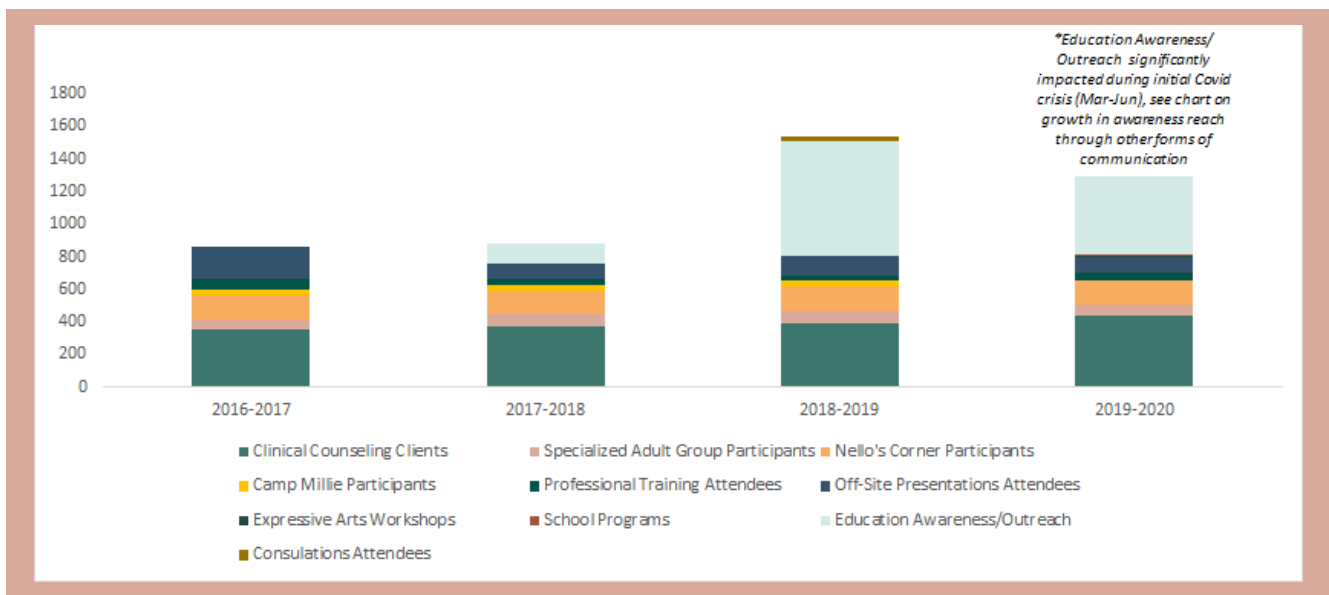
PROGRAM PARTICIPANTS



Camp Millie was cancelled in Jun 2020 due to the initial crisis pandemic concerns at that time.

The Center for Loss and Bereavement's most established areas of direct on-site service, counseling and support groups have relatively stable and predictable growth rates year-to-year. Despite the pandemic, we will take a broader and more profound look at our extended reach in the community. Through dedicated strategic planning efforts, in collaboration with other resources, we hope to determine the extent of grieving children and families whose needs are underserved due to access, equity, or other significant challenges in life. Our goal is to reinforce fundamental connections within our region to identify and provide added support to these vulnerable individuals. Additionally, in bringing our expertise to more organizations and resources in our community, we are positioned to offer specialized guidance to others working with this unmet population of griever through our education and awareness efforts. In support of this overarching goal, we are taking strides to increase partnerships with individuals, businesses, and foundations that have the means and commitment to inspire resilience, hope, and positive growth.

TOTAL CENTER SERVED ACROSS SERVICES



*Totals were skewed in 2019-2020 due to several groups and education forums being postponed in the spring/last quarter of this fiscal year, given the pandemic crisis and public health restrictions at that time.