



The Center *for*
Loss and Bereavement

A N N U A L
R E P O R T

2021

OUR MISSION

The Center for Loss and Bereavement is a non-profit resource of specialized knowledge and professional support that provides meaningful connection and restorative guidance for those impacted by grief.

Our Vision is for all facing loss to find solace and renewed strength while investing in life.

Our Services include:

- Specialized grief counseling for individuals, couples, and families encountering death, chronic illness/disability, or end-of-life issues - serving all ages and populations
- Peer support through group programs, offering connections for grieving children, teens, and adults.
- Training and partnerships with other local resources, increasing grief awareness and knowledge within the professional community.
- Customized consultations on grief-related matters that present in schools, organizations, and businesses, addressing systemic impacts of loss.



The Center *for* Loss and Bereavement
3847 Skippack Pike, P.O. Box 1299, Skippack, PA 19474
610-222-4110 | www.bereavementcenter.org
EIN 23-3011941



The Center *for* Loss and Bereavement

WHERE WE ARE NOW

After a time of uncertainty, we step forward to new possibilities. We now offer both in-person and virtual options and are poised to meet the growing community's needs. Our work remains strong even as challenges continue to face us all. Our approach in this sensitive work is grounded in the trust that there are others who can relate, provide perspective, and offer support through tough times.

We have served over 1200 people in our community in the past year and look forward to expanding our reach in the future.





2021 BOARD MEMBERS

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Christine Smith, Co-founder

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Therapist, Educator

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Therapist, Intake Coordinator, Group Facilitator

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Program Director, Group Facilitator

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Education and Outreach Director, Therapist

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Group Facilitator

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Therapist, Grief Notes Contributor

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Program Coordinator, Group Facilitator

Terri Lepitre, LMFT
Therapist

Jamie Lockwood
Administrative Coordinator, Group Facilitator

Donna Piergallini, MA
Development Director

Shelley Robbins, CRNP, MSN
Group Facilitator, Educator

Kendra Stenack, LPC, CH, CT, CCTP
Clinical Director, Therapist

2021 CENTER INTERNS

Tammy Court-Cudd, CT

Brian McCaffrey

OUR SERVICES

SPECIALIZED GROUP SUPPORT

We offer special interest support groups for bereaved adults of all ages. Each year we bring together individuals with shared loss in a closed group format to offer comfort, understanding, and perspective in finding strength while living with grief.

Some of our frequently run groups:

Adult Loss of a Parent | Loss of Spouse or Partner | Support for Suicide Loss
Young Adult Grief Support | Loss of a Child | Pregnancy and Infant Loss



COUNSELING



Counseling is available at any time for those who wish to have individual, couple, or family therapy from one of our specialized, credentialed counselors. Our therapists have extensive training and experience supporting clients dealing with anticipatory or permanent losses of life, health status, or ability. We approach each person or family with personalized care. We offer varying support levels from short-term or as-needed guidance and support to ongoing intensive therapy for those dealing with the most complicated, traumatic loss experiences. Our counselors are compassionate professionals and maintain excellence in training and integrity.

TRAINING AND PRESENTATIONS

The Center's resources are also available to strengthen the community by increasing awareness about grief and loss. We have presented In-service programs and training workshops to countless groups, including schools, colleges, retirement communities, local businesses, and other professional/volunteer groups. Our staff regularly receive specialized training in grief topics and a wide breadth of mental health core competencies to ensure we practice and teach from current knowledge and trends in our field of expertise. We are an approved Continuing Education provider through the Pennsylvania State Board of Licensed Clinical Social Workers, Marriage and Family Therapists, and Professional Counselors. We also host presentations for youth and adult audiences in the general public.



CUSTOMIZED CONSULTATIONS



The Center for Loss and Bereavement's professional staff are available to consult with schools or community organizations for any specific topic or need that presents outside the scope of our other education or therapeutic services.

We can offer guidance and support for your leadership in structuring helpful responses to matters of grief, death, dying, or other complicating circumstances of loss-related concern.



Children's Bereavement Support Programs



NELLO'S CORNER

Nello's Corner is a special program that offers peer group support for children and their caregivers after experiencing an immediate family member's death. This program is offered at no charge to participants due to many donors' generosity, particularly the Nello Memorial Committee. In response to the loss of Nello Nattchione IV, the Nattchione family has added a great deal of financial support to this program to ensure that other families like theirs have access to quality care and the comfort of others during times of devastating family loss.

Children, ages 4 through high school, meet twice a month in the evenings, sharing activities and discussion while finding strength in the company of other children whose lives have been touched by death. The volunteers and staff at Nello's Corner provide a trusted, hopeful space where children can grieve and reconfigure what living means for them. Peer grief support groups are also facilitated off-site to schools and other organizations when requested.



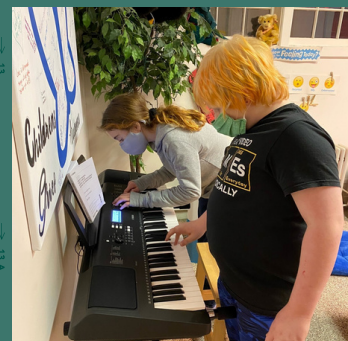
CAMP MILLIE

Camp Millie is a summer bereavement camp offered to elementary and middle school-aged children who have experienced an immediate family member's death. Launched in 2005, our summer bereavement camp strives to bring peer support, emotional expression, and coping skills, along with laughter and joy, into the lives of children who experience family grief. Children are invited into an environment of safety and hope. At Camp Millie, children's days are filled with summertime adventures, friendship, and support, along with activities that encourage the exploration of grief stories, reactions, supports, and memories.



SCHOOL PROGRAMS

Being impacted by grief can cause an array of emotional and physical challenges and changes that naturally overflows into the school environment. When students and families have support the weight of these challenges can be lessened. We know that connecting and supporting your students is a top priority. As your local grief support, the Center for Loss and Bereavement hopes to partner with you to help meet your students' needs.



FILM NEGATIVE

FILM NEGATIVE

FILM NEGATIVE

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FILM NEGATIVE

FILM NEGATIVE

OUTREACH

30

Event Volunteers

8

Board of Director
Volunteers

10

Programs Volunteer

19

Camp Volunteers

10

Event Committee
Volunteers

419

Clinical Counseling Clients

96

Specialized Adult
Group Participants

32

Camp Millie Participants

72

Volunteers



131

Nello's Corner Participants

179

Presentations Attendees

320

Participants in
Education Awareness Outreach

653

Special Event Attendees

Serving over 1200 people | Reaching over 4000



2400

Newsletter
Recipients



1247

Email
Subscribers



964

Facebook
Followers



519

Instagram
Followers



75

LinkedIn
Followers



31

Twitter
Followers

www.bereavementcenter.org
www.facebook.com/thecenterforlossandbereavement
www.instagram.com/centerforlossandbereavement
www.linkedin.com/company/the-center-for-loss-and-bereavement
www.twitter.com/CenterforB

FINANCIALS

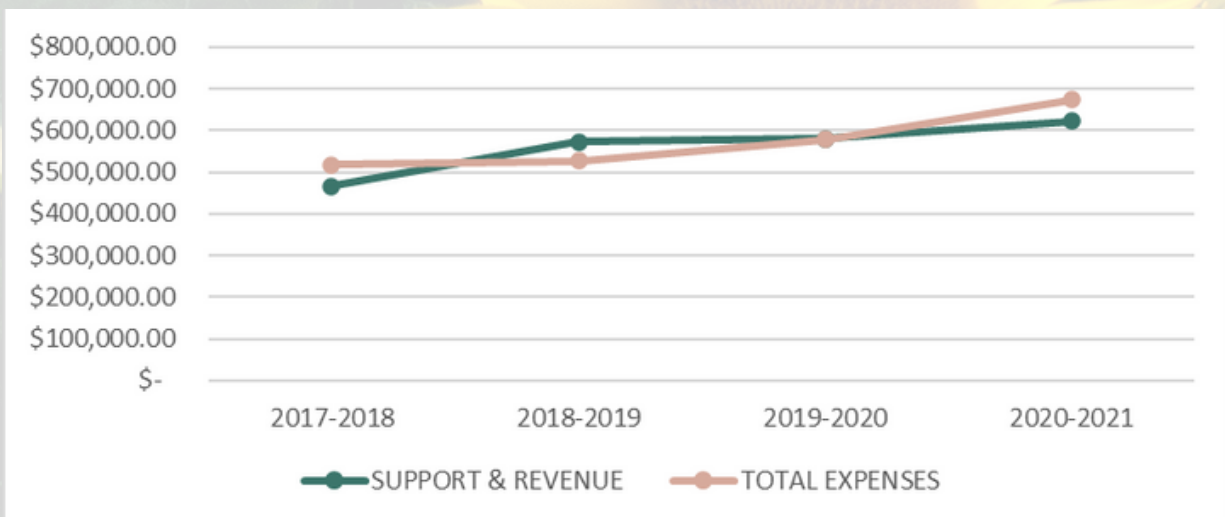
ASSETS, LIABILITIES AND NET ASSETS

	2020-2021	2019-2020	2018-2019
TOTAL ASSETS	\$801,856	\$ 711,056	\$ 618,123
TOTAL CURRENT LIABILITIES	\$35,728	\$ 87,163	\$2,180
NET ASSETS	\$766,128	\$623,893	\$ 616,883

SUMMARY OF REVENUE AND EXPENSES

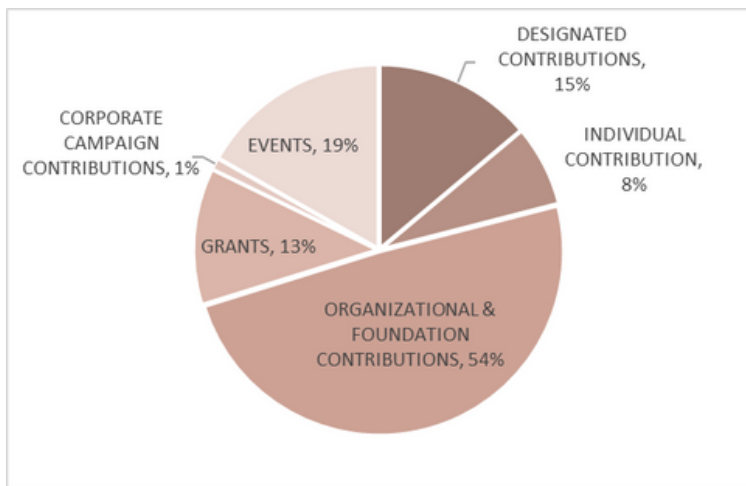
	2020-2021	2019-2020	2018-2019
SUPPORT AND REVENUE	\$623,126	\$ 580,480	\$ 573,084
TOTAL EXPENSES	\$674,449	\$578,591	\$526,997
NON OPERATING ACTIVITIES	\$ 193,558	\$5,121	\$12,682
CHANGE IN NET ASSETS	\$142,335	\$7,010	\$ 58,769

INCOME-EXPENSE 2014-2021



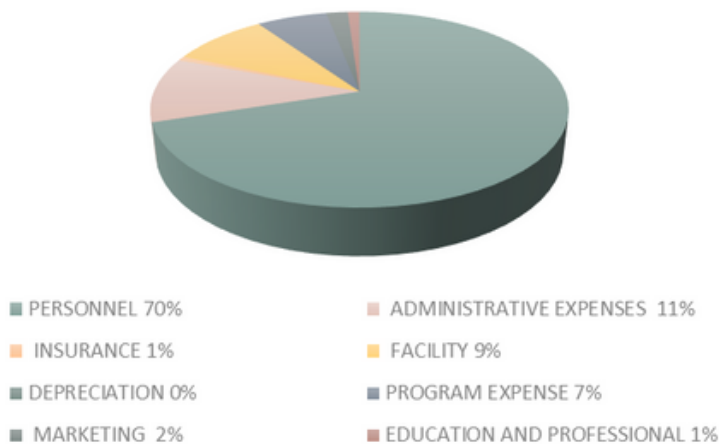
Our fiscal year runs from July 1, 2020 to June 30, 2021. Below are the highlights from the past year.

FUNDING BREAKDOWN



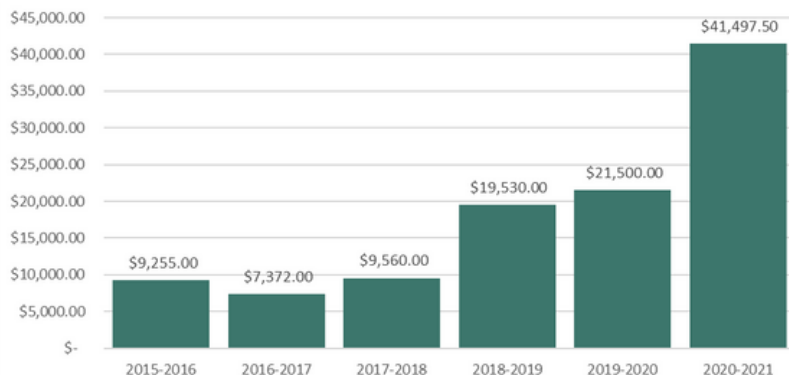
476 DONATIONS
363 DONORS
190 NEW DONORS

OPERATING EXPENSES



Expense Breakdown
SERVICES 79%
MANAGEMENT 12%
FUNDRAISING 9%

FINANCIAL AID PROVIDED



As a nonprofit, we are committed to keeping our services fees competitive and lower rates than other specialized therapy practices in our area. Our counseling services are offered on a sliding scale. Supportive funding of generous donors allows us to give hope and practical help to more adults, children, and families based on need without limiting our reach or quality due to income status.

2021 DONORS

Thank you to all of our 2021 Donors. We also appreciate everyone who graciously supported our events. To see the list of event donors, please visit www.bereavementcenter.org/donors-current

- Anonymous *In honor of Christine Smith*
 - Lena Ang
 - Amy Atlee and Chris Goulian *In honor of Lois Harris for supporting Declan Evans*
 - Christina Bacci *In honor of Camp Millie*
 - Karina Barzousky
 - Elmira and Frank Batson
 - Jim and Kimberlee Beam* *In memory of my parents, brother, uncle, and grandparents*
 - Larissa Bellamy
 - Bob and Lynn Benjamin
 - Carol Beers
 - Carol Berardelli* *In honor of the Berardelli Family*
 - William and Sharon Biermann *In honor of Joyce Sadler on her 69th birthday*
 - Janet Bolendz *In honor of Lauren Rieger*
 - Amy Bowman
 - Joan and John Bown
 - Allan Bozorth
 - Jane Bridge
 - Julian and Lois Brodsky
 - Cathy Buch *In memory of Becky Atlee Evans*
 - Lynn Burgoon
 - Marilyn Burkey
 - Christopher and Ann Campbell
 - Charles and Elizabeth Caruso
 - Walter Cherkas
 - Mark and Iris Coblitz
 - David and Rhonda Cohen
 - Karen Cole *In memory of George Cole*
 - Kristina Conlon *In memory of Barbara Careless*
 - Kendra and Scarlett Copenhaver *In memory of Curtis*
 - Michele Daniele *In memory of Dee Daniele*
 - Sherry Demito *In honor of Loretta DeMito*
 - Andrea and Bill Devenney *In memory of Allison Paige Koellhoffer*
 - Jane DeWitt* *In honor of Nello's Corner*
 - Bill and Nancy Dingman
 - Shannon Dingman
 - Karen Dobson
 - Doris Dodge
 - Dorney and Beth Douglass
 - Jason and Sarah Elrod
 - Diane Fitzgerald
 - Chris and Kristin French
 - Catharine and Keith Fretz *In memory of E.R. Fretz*
 - W. Allen and Linda Fromm *In honor of Joyce Sadler on her 69th birthday*
 - Mary Jane Fryling *In memory of Ruth Sibel*
 - Jillian Gallagher
 - Kathleen Gallagher
 - Thomas and Judy Gallagher
 - Elizabeth Gilmore
 - Mary Ginda
 - Marybeth Garrett *In memory of Evan, Kathy and our beloved Parents*
 - Rose Gannon
 - James and Sara Gowing
 - Linda Graeff
 - Margaret Gratz *In memory of Ruth Sibel*
 - Sue Greenfield
 - Barbara and Carl Grola *In honor of the Centers' Founders, Shirley and Chris*
 - Robert Gusky*
 - Herbert and MM Harris
 - Gordon and Kathleen Hart
 - Dottie Heebner *In memory of Ken Reyburn*
 - Nancy Hemsing
 - Anna Hillman
 - Pam and Mara Howard *In memory of Dan Howard*
 - The Huber Family *In memory of Deborah Huber*
 - Christopher and Beth Hunt*
 - Roger and Nancy Hunt *In memory of our dear friend Thelma Sowiak*
 - Kristen Hunter *In honor of Mason and Alexander Hunter*
 - Randy & Linda James
 - Elaine Johnston
 - Vikram Joshi *In memory of Eric Suzuki*
 - Raymond and Anna Marie Kassab
 - Scott and Selaine Keaton
 - Diana Kelly
 - Carolyn and John Kelley
 - Robert J Kline
 - Chase and Linda Kneeland *In memory of Malcolm L. Kneeland*
 - Ray and Theresa Kerlin
 - Jack and Arlene Kilcoyne *In honor of the Kilcoyne Family*
 - Billie Knapp *In memory of Stephen W. Knapp*
 - Chase and Linda Kneeland
 - Samantha Koellhoffer
 - John Konvalinka
 - Barbara Sue Lake *In honor of the Smith Farmstead*
 - David and Janice Lamphere *In honor of Nancy Hunt*
 - Terry and Christina Larkin* *In honor of Nello's Corner & in memory of our Grandmothers*
 - Jamie and Tim Lockwood *In memory of James and Susan Chubb*
 - Robert and MaryKay Lojewski
 - Lindsey and Karen Lovett
 - Margaret Lynch *In memory of Lynette Karen and Joe Maglaly*
 - Edward Mannello
 - Jake Marron
 - Don and Cheryl Mattson *In honor of Pat Keeney*
 - Jerome McAndrew
 - Linda McAndrew *In memory of Justin Robertson*
 - Marge McCann *In memory of Larry Smith*
 - Kerry McCarty
 - Paul and Jeanne McDonald *In memory of Alice Teyssier and Marie McDonald*
 - Margery McGann
 - Pat and Sue McGinnis
 - Janice Merkel* *In memory of James Chubb, such a loving man that I had the privilege to know*
 - Tony and Caren Meyer
 - Joan Moore*
 - James and Ruth Moyer *In memory of Brian Moyer*
 - Dave Neff
 - David O'Brien*
 - Dennis O'Donnell*
 - Braedon O'Hara *In honor of his Eagle Scout Project*
 - Stanley Ott *In honor of Joyce Sadler on her 69th birthday*
 - David Paoni
 - Linda Paris
 - Robb and Gina Parlanti
 - Dale and Marilyn Pennapacker
 - Julia Peterdozzi
 - Truc Pham
 - Donna and Nick Piergallini *In memory of Eddie Burke*
 - Leonard Podolin
 - Laura Prior
 - Rita Porreca and Joseph Ward *In memory of Lew Porreca*
 - Andrea M. Porter *In memory of Robert J. Porter Jr.*
 - Lynn Reber *In memory of beloved son Martin*
 - Neil and Mary Rees
 - Charles and Nancy Reid *In honor of Joyce Sadler on her 69th birthday*
 - Wendy Ricker
 - Gretchen and Jay Riley
 - Brian and Aileen Roberts
 - Kate and Greg Roberts *In memory of Eric Suzuki*
 - Lisa Roberts *In memory of Ruth Sibel*
 - Michelle Rodenbaugh *In memory of Jason Rodenbaugh Sr.*
 - Jennifer Romano
 - Andrea Rodriguez *In honor and memory of Averie*
 - Sandra Russo
 - Richard and Gail Schnaedter *In memory of Barbara Kott*
 - Carl Scwenk
 - Leslie Seese
 - Bill and Verna Seiler
 - Carl and Holly Sensenig *In memory of Frances Clemens*
 - Amy Shea *In memory of all the ones I wish were here, but are not*
 - Andrew and Melissa Smith
 - John and Nancy Shane
 - Beth and Mark Smith *In memory of Lawrence Smith*
 - Robert and Barbara Smith
 - Susan Spencer
 - Scott and Melissa Sterling
 - Meghan Straut *In memory of David Carroll*
 - Kelli Suzuki* *In memory of Eric Y. Suzuki on the 10th anniversary of his death and in honor of his 28th birthday*
 - Cheryl Talus-Snyder *In memory of Dr. Bruce Lloyd Talus*
 - Kathy Thomas* *In honor of the Thomas family*
 - Nancy Threlfall
 - Art and Ginny Tinner
 - Jack Todd
 - Bob and Sue Vincent*
 - Dave and Ellen Watson
 - Emily and Steve Vincent
 - Wendy Weist
 - Elizabeth Whalen
 - Nancy Wieman*
 - Christine Wiley *In memory of Ruth Sibel, a wonderful lady*
 - Susan Wroblewski
- Businesses, Organizations and Foundations:**
- Allan Myers
 - Amazon Smile*
 - Benevity Matching Funds
 - BLBB Charitable
 - Brodsky Foundation
 - Charities Aid Foundation
 - Charles River Laboratories
 - Community Chiropractic Center
 - Daws Road Chiropractic
 - DCO Orthodontic Specialists
 - Delta Kappa Gamma Beta Pi Chapter
 - Deluca Music Co.
 - Duminiak Law
 - Epoch Health and Fitness *In memory of John Gerckle Jr.*
 - Exelon Foundation
 - Facebook Giving
 - Gifts of Joy Foundation
 - Halligan and Keaton
 - Harleysville Bank
 - Herbein Company, Inc
 - Hogs and Honeys Foundation for Kids
 - Jaymar Foundation
 - Keller Williams – Blue Bell
 - Larry Plantholt Fund
 - Limerick Township Police Association *In honor of a family in need*
 - Little Tower Foundation *In honor of the Lukens Family*
 - McCaffery's Market
 - McKesson
 - Merk Matching Funds
 - Montco Strong Redevelopment Authority
 - Montgomery County Foundation
 - Montgomery County Sheriff's Office *In honor of the Lukens Family*
 - Nello Memorial Committee
 - Network for Good Multiple Anonymous Donors
 - New York Life Foundation
 - PayPal Giving Fund Multiple Anonymous Donors
 - Pfizer Inc.
 - SEI Investments Company
 - Sensenig Capital Advisors
 - Tornetta Realty Corporation
 - VNA Foundation of Greater North Penn*
 - Wentz United Church Women's Guild
 - Whole Foods Market Community Giving Program
 - Wisler Pearlstone LLP
 - Wynn Family Foundation

Co-Founders

Shirley and Brad Elrod* "In honor of The Center's therapy dogs, past and present, who bring comfort and healing to people of all ages."

Lawrence and Christine Smith Charitable Trust* In memory of my beloved husband, Larry Smith and in honor of my children, Christopher, Lauren and Andrew for their unyielding love and support.

2021 HIGHLIGHTS

Strides of Hope

In November, hundreds of walkers and runners participated in the Strides of Hope 5K. We surpassed our fundraising goal and raised over \$37,000, bringing a great deal of warmth and inspiration to those involved in this special event! It reminds us that those who face profound loss never have to walk their trail alone.



Fields of Hope

We hosted the very first Field of Hope Sunflower event. Hundreds of people embraced nature's beauty at the Smith Farm. Fields of Hope was joyful, inspiring, and fun. It allowed individuals to find connection and light while reflecting on those lost. We raised over \$33,000 to support the Center.



Camp Millie

In June of 2021, we again hosted our summer bereavement day camp offered to children ages 6 to 12. At Camp Millie, 32 youth grieving the death of an immediate family member attended four days of group activities, mitigated safely for in-person gatherings. We kept our numbers limited to reduce the risk of COVID transmission, allowing social distancing. We also separately held our first mini-grief support camp for teens later in the summer. These two sessions were held onsite at our Center, offering a group for eight teens to connect, express their grief, and share in coping strategies. Our traditional camp for younger children and our teen extension camp were received positively as an opportunity for grieving youth to be with one another in the same physical space following a year of online groups.

Judi's House

The Center is a part of the Greater Philadelphia Grief Collaborative. Our Center recently completed the two-year Childhood Bereavement Changemaker (CBC) research project offered through Judi's House/JAG Institute, in conjunction with the New York Life Foundation. Participating in this research has provided us with the data and insights needed to better reach underserved and special needs in our grieving community while strengthening our partnerships across the region. We are grateful for these enriching opportunities that ensure we have quality programs and exceptionally trained staff.

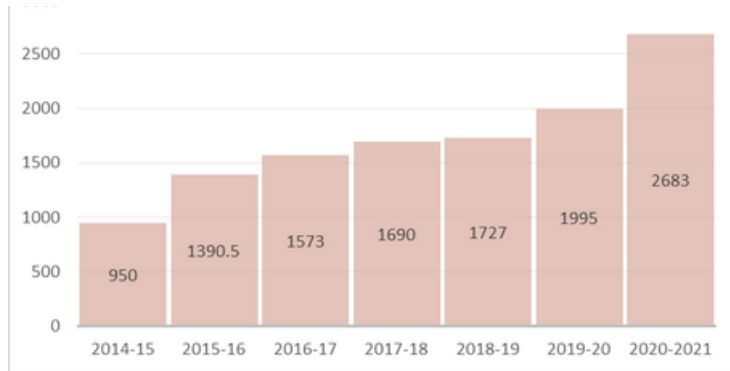


Community Outreach and Center Connections

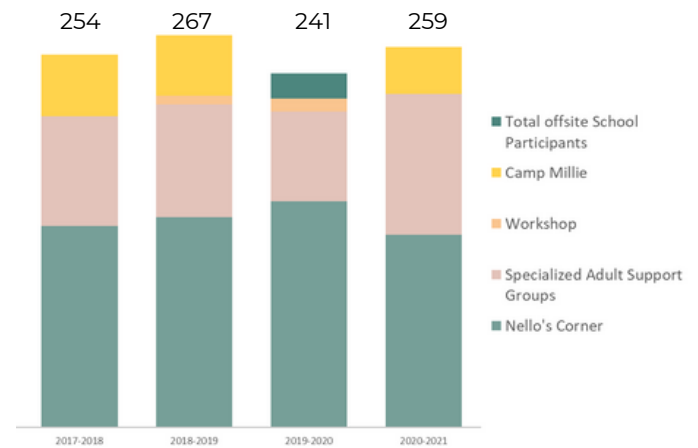
We offer our resources to the community to sensitize and educate others on the many specialized issues surrounding grief, loss, and resilience in restorative living. Our Education and Outreach program has supported various organizations and agencies this past year. As a Center, we hosted Professional Roundtable Training and Centered Conversation Forums to community members on various grief-related topics relevant to living and working through a pandemic. Programs, seminars, and training workshops have been given to countless groups, including schools, colleges, retirement communities, businesses, and other healthcare professionals/volunteer groups. In addition, we developed more educational articles/tip sheets made available on our updated resource webpage.

THE FUTURE

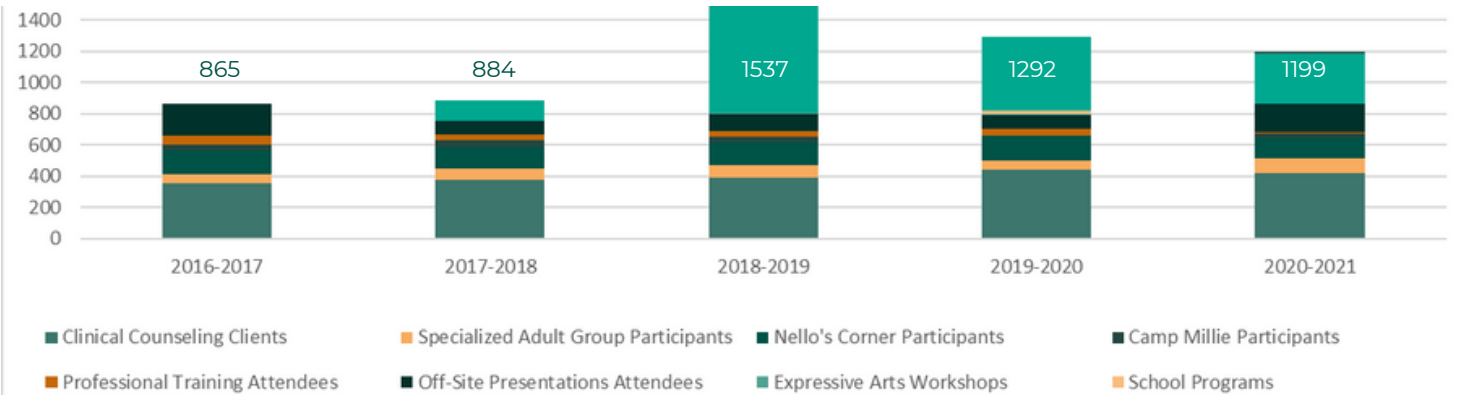
COUNSELING SESSION TOTALS



PROGRAM PARTICIPANTS



5 YEAR COMPARISON TOTAL SERVED ACROSS SERVICES INCLUDING EDUCATION & AWARENESS



The Center for Loss and Bereavement's most established areas of direct on-site service, counseling, and support groups have relatively stable and predictable growth rates year-to-year. Despite the pandemic, we have been taking a broader and more profound look at our extended reach in the community. Through dedicated strategic planning efforts, in collaboration with other resources, we have been determining the extent of grieving children and families whose needs are underserved due to access, equity, or other significant challenges in life. Our goal is to reinforce fundamental connections within our region to identify and provide added support to these vulnerable individuals. Additionally, in bringing our expertise to more organizations and resources in our community, we are positioned to offer specialized guidance to others working with this unmet population of grievers through our education and awareness efforts. In support of this overarching goal, we are taking strides to increase partnerships with individuals, businesses, and foundations that have the means and commitment to inspire resilience, hope, and positive growth.