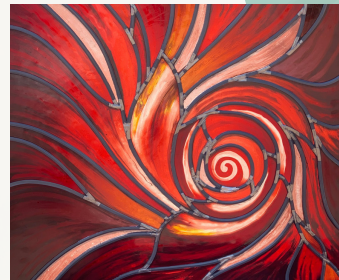


"We are powerless to control the losses and catastrophic events our children need to experience, but by honoring their inner wisdom, providing mentors, and creating safe spaces for expression, we can empower them to become more capable, more caring, human beings."

Linda Goldman, Children Also Grieve

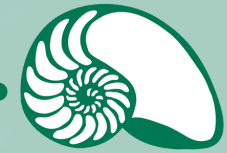
BENEFITS OF PARTNERING WITH THE CENTER FOR LOSS AND BEREAVEMENT

- **Integrated model of care** brings specialized support to grieving students and school staff
- **Professional education** in grief topics increases awareness and competence in those responding to the impact of loss throughout the school
- **Increased long-term strength** for students in addressing grief / loss experiences over their lifespan
- **Foundation built** with a trusted, local resource available to support individuals and families for ongoing critical grief needs



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THE CENTER FOR
LOSS AND BEREAVEMENT

SCHOOL
SUPPORT
SERVICES

*Committed to supporting circumstances of grief
and loss within the school community*

SUPPORT GROUPS

The Center for Loss and Bereavement is committed to strengthening resilience for students, families, and school personnel touched by loss. In addition to on-site counseling and group services for individuals and families, the Center enhances community partnerships in bringing off-site programming to the school environment.

OFF-SITE GROUPS FACILITATED BY CENTER STAFF INCLUDE:

- Standard 8-session structure (1/wk) during the school day, held at school
- Specialized professional attention and care, with added peer support for up to 10 students per group
- Center-provided materials and activities
- Grief-support resources and information for the students' caregivers / parents

SCHOOLS PARTNER BY:

- Designating a school liaison as planning coordinator and appointed follow-up counselor for students, as needed
- Screening students who meet participation criteria and gaining parental permission
- Arranging private meeting space appropriate to the confidential nature of grief topics

“Support groups provide a warm, sheltered environment in which bereaved children and teens can mourn. They foster the experience of trusting and being trusted and have the potential of doing wonders in meeting the needs of bereaved children.”

Alan Wolfelt, PhD, Healing the Bereaved Child



TRAUMA-INFORMED COLLABORATIVE CARE

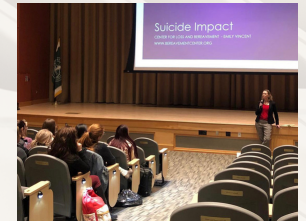
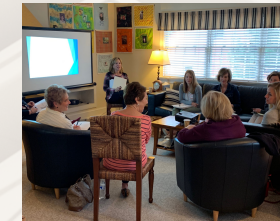
Mental health professionals are essential to supporting students exposed to traumatic stress. Responding to special situations of grief-related concern, the Center's counselors are available to hold a therapy consultation with impacted individuals or families in the safety of the school environment. Working with trusted, specialized professionals, this integrated model of care will better identify, assess, and connect those at-risk for traumatic, complicated grief to further supportive programming and ongoing care beyond the school. Bridging these relationships reinforces hope and strengthens resilience for students and families challenged by loss.

GRIEF EDUCATION, PREVENTION & PROFESSIONAL CONSULT

Becoming comfortable and knowledgeable about death education and grief is essential for all working in a school setting. The Center's staff proactively addresses this specialized and sensitive awareness on a wide variety of grief-related topics available for in-service days, parent-teacher meetings, faculty discussions, or classroom presentations specifically tailored to a school's needs.

The Center's staff are further available to help administrators navigate system-wide grief-related issues such as:

- School response following the death of a student or staff member
- Developing school/district-wide policies on best practices in responding to loss
- Offering support in situations of anticipated loss or life-threatening illness
- Post-processing after a crisis



“The format made learning about grief and it's components move from scary to comfortable.

It was so helpful to learn about what griever's need from us. I feel more comfortable in bringing up grief with those I work with”

School Training Participant