



The Center *for* Loss and Bereavement  
**Pregnancy & Infant Loss Resource Guide**

LOCAL ORGANIZATIONS		
NAME	DESCRIPTION	CONTACT INFO
 The Center <i>for</i> Loss and Bereavement	The Center for Loss and Bereavement, a 501(c)(3) non-profit organization, offers a place of comfort and professional support services for people experiencing profound loss and grief. Located in Skippack, PA, the Center has been a leading provider for over 20 years of professional grief counseling, support groups, and resources to individuals and families, helping them find strength, connection, and solace through the tragic circumstances of loss and death.	<a href="http://www.bereavementcenter.org">www.bereavementcenter.org</a>  3847 Skippack Pike Skippack, PA 19474  (610) 222-4110
 ADALYN ROSE FOUNDATION	The Adalyn Rose Foundation provides comprehensive and continuous support to families grieving the loss of a child at any time during pregnancy, infancy, or early childhood including, but not limited to financial and emotional support and community connection.	<a href="http://www.adalynrose.org">www.adalynrose.org</a>  2744 Century Blvd. Wyomissing, PA 19610  (484) 509-1032





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	<p>Butterfly Baskets is a 501(c)(3) nonprofit organization that provides support and comfort for families impacted by miscarriages, stillbirth, and infant loss. They provide care packages for women facing these heartbreaking losses and host events to foster a sense of community during bereavement. Their mission is to help grieving families and inspire hope during dark times.</p>	<p><a href="http://www.butterflybaskets.org">www.butterflybaskets.org</a>            Located in the Exton Square Mall</p> <p>Mailing Address:            PO Box 1432            Malvern, PA 19355</p> <p>(484) 321-2350</p>
	<p>Noelle's Light delivers financial support to distressed families that are receiving treatment &amp; care following a life-threatening fetal diagnosis. Our efforts are dedicated to uplifting families during their time of need.</p>	<p><a href="http://www.noelleslight.org">www.noelleslight.org</a></p> <p>309 Fellowship Road, Suite 200            PMB 749</p> <p>Mount Laurel, NJ 08054</p> <p>(856)-242-9400</p>
	<p>Three Little Birds' mission is to bridge the gap for perinatal loss families, advocates and professionals by providing empathetic support and resources at the time of loss and in the postpartum period for families experiencing miscarriage, stillbirth or the death of an infant for families in the Philadelphia and Southern New Jersey region.</p>	<p><a href="http://www.threelittlebirdsprenatal.org">www.threelittlebirdsprenatal.org</a></p> <p>Serving Philadelphia and South Jersey Metro Region</p> <p>(856) 656-6436</p>




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 <p><b>UNITE, Inc.</b>  <small>GRIEF SUPPORT AFTER MISCARRIAGE,          STILLBIRTH AND INFANT DEATH</small></p>	<p>A non-profit organization, that provides peer to peer grief support following the loss of a baby, including miscarriage, ectopic pregnancy, stillbirth and infant death to parents in the Philadelphia area since 1975. UNITE offers a number of services to grieving parents and their caregivers including the following:</p> <ul style="list-style-type: none"> <li>* Peer to Peer Grief Support Groups</li> <li>* Literature</li> <li>* Educational Programs</li> <li>* Training Workshops</li> <li>* Group Development Assistance</li> </ul>	<p><a href="http://www.unitegriefsupport.org">www.unitegriefsupport.org</a></p> <p>P.O. Box 21715          Philadelphia PA 19146</p> <p>(484) 758-0002</p>
	<p>Today is a Good Day offers a Child Loss care package for families, including a <i>One Day at a Time</i> cotton zippered pouch, a journal, <i>One Day at a Time</i> bracelets, tissues, and a Today is a Good Day Child Loss Resources card. Today is a Good Day hosts an annual Interfaith Remembrance Service for Pregnancy, Infant, and Child Loss on October 15 - the International Wave of Light. The organization can also connect families with others who have experienced child loss.</p>	<p><a href="http://www.todayisagoodday.org">www.todayisagoodday.org</a></p> <p>1511 Bethlehem Pike          Flourtown, PA 19031</p>



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	<p>Aubrey's Advocate is a maternal health non-profit that supports families in the aftermath of a perinatal loss through financial and emotional support.</p> <p>Aubrey's Advocate can offer financial assistance of up to \$1,000 towards labor and delivery hospital bills for families who have given birth to a stillbirth baby 28 weeks+ gestation.</p> <p>Our "Light After Loss" support group is a private, 8-week closed support group designed for mothers 3-6 months out from their loss, focusing on finding healing through friendship and hope for the future.</p>	<p><a href="http://www.aubreysadvocate.com">www.aubreysadvocate.com</a></p> <p>Philadelphia, PA</p> <p><a href="mailto:aubreysadvocate@gmail.com">aubreysadvocate@gmail.com</a></p>





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NAME	DESCRIPTION	CONTACT
	The mission of Postpartum Support International is to promote awareness, prevention and treatment of mental health issues related to childbearing in every country worldwide.	<a href="http://www.postpartum.net">www.postpartum.net</a> 1-800-944-4773
	Share is a community for anyone who experiences the tragic death of a baby. We serve parents, grandparents, siblings, and others in the family unit, as well as the professionals who care for grieving families. Share is a national organization with over 75 chapters in 29 states. Our services include bed-side companions, phone support, face-to-face and online support group meetings, resource packets, private online communities, comfort kits, memorial events, training for caregivers, and so much more.	<a href="http://www.nationalshare.org">www.nationalshare.org</a> 1600 Heritage Landing, Suite 109 St. Peters, MO 63303 (800) 821-6819
	Their mission is to increase awareness, support research, promote education, and encourage advocacy and family support regarding pregnancy loss, and infant death.	<a href="http://www.starlegacyfoundation.org">www.starlegacyfoundation.org</a> 6400 Flying Cloud Drive, Suite 225 Eden Prairie, MN 55344 (952) 715-7731



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	The TEARS Foundation seeks to compassionately lift a financial burden from families who have lost a child by providing funds to assist with the cost of burial or cremation services. We also offer parents comprehensive bereavement care in the form of grief support groups and peer companions.	<a href="http://www.thetearsfoundation.org">www.thetearsfoundation.org</a> 11102 Sunrise Blvd E #112, Puyallup, WA 98374  (253) 200-0944
	To improve outcomes of pregnancy, childbirth, prematurity, and infancy, as well as aid grieving families through financial assistance, education, and advocacy. (Helps families in all 50 states)	<a href="https://colettelouise.com/">https://colettelouise.com/</a>



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BOOK RECOMMENDATIONS			
BOOK TITLE	AUTHOR	CATEGORY	SUMMARY
A SILENT SORROW - Pregnancy Loss: Guidance & Support for You & Your Family	Kohn, Ingrid & Moffitt, Perry-Lynn	Baby Loss Guide	Guide on how to support self & family; offers emotional and practical support
The Baby Loss Guide: Practical & Compassionate Support with a Day- by-Day Resource to Navigate the Path of Grief	Clark-Coates, Zoe	Baby Loss Guide	Provides a supportive and practical guide to walk people through their darkest days of suffering and give them hope for the future. The first half of the book answers the many questions those who encounter loss ask themselves and others; the second half of the book offers 60- days of practical and compassionate support.
Empty Cradle, Broken Heart: Surviving the Death of Your Baby	Davis, Deborah Ph.D	Baby Loss Guide	Covers many different kinds of loss, including information on issues such as the death of one or more babies from a multiple birth, pregnancy interruption, and the questioning of aggressive medical intervention.
Saying Goodbye	Clark-Coates, Zoe	Personal Story - offering support	



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BOOK TITLE	AUTHOR	CATEGORY	SUMMARY
The Miscarriage Map: What to Expect When You are No Longer Expecting	Osborn, Sunita PsyD	Miscarriage	Informed by her clinical expertise and her own personal experience with miscarriage, the Miscarriage Map offers women, their partners, and loved ones the nitty gritty realities of a miscarriage, the accompanying emotional roller coaster, and specific steps to take to help them get through this loss.
Healing Your Grieving Heart After Miscarriage: 100 Practical Ideas for Parents & Families	Wolfelt, Alan PhD	Miscarriage	100 Practical Ideas for Parents & Families
They Were Still Born	Atlas, Janel	Stillbirth	Personal stories about stillbirth
Three Minus One	Hanish, Sean & Warner, Brooke	Stillbirth	Stories of Parents' Love & Loss
Healing Your Grieving Heart After Stillbirth: 100 Practical Ideas for Parents & Families	Wolfelt, Alan PhD	Stillbirth	100 Practical Ideas for Parents & Families





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The Mother of Second Chances	Froelker, Justine Brooks	Infertility & Loss	A collection of essays filled with struggle, laughter, accountability, faith and a mighty rising. Justine shares her insights as both a mental health therapist with over 16 years of experience and a thriver, not only survivor, of the infertility journey.
A Gift of Time: Continuing Your Pregnancy When Your Baby's Life is Expected to Be Brief	Kuebelbeck, Amy & Davis, Deborah	Perinatal Palliative Care/Hospice; Continuing a pregnancy after life- limiting fetal diagnosis	A gentle and practical guide for parents who decide to continue their pregnancy knowing that their baby's life will be brief.
Our Heartbreaking Choices	Brooks, Christine	Interruption of a much-wanted pregnancy	46 Women share their stories of interrupting a much-wanted pregnancy



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He Lost His Baby Too: Survival Guide for the Grieving Dad	Farley, Kelly & DiCola, David	Fathers' grief and male perspective of losing a baby	In the wake of a tragic loss—whether it be a miscarriage, a stillbirth, or the untimely passing of an infant—this invaluable resource unravels the layers of anguish that overwhelm grieving fathers. Written by a grieving dad, this book offers unflinching honesty and poignant insight, it also delves into the raw pain that accompanies such a profound loss, assuring these men that their emotions, however overwhelming, are both valid and shared by others who have walked a similar path.
Bearing the Unbearable	Cacciatore, Joanne PhD	Grief - general; author lost baby girl to stillbirth and has made life mission to focus on the grief of parents	About the heartbreaking path of grief



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Holding on to Love After You've Lost a Baby	Gary Chapman & Candy McVicar	Relational dynamics following a loss	<p>Losing a child is among the most tragic experiences one can face. The crushing grief puts immense strain on the marriage, family relationships, and friendships that few can understand. That's why this book was written. In it Candy McVicar, a grieving mom who leads a ministry for grieving parents, and Dr. Gary Chapman, relationship expert and author of <i>The 5 Love Languages</i><sup>®</sup>, team up to help couples who are facing the unimaginable. They'll teach you how to:</p> <ul style="list-style-type: none"><li>-Cope with the complex feelings that come with the grief process</li><li>-Understand your spouse's unique grieving needs and support him/her</li><li>-Use the five love languages through grief</li></ul>