

Dear [Caregiver Name],

[School name] is partnering with The Center for Loss and Bereavement to hold a 6-week support group for students who have experienced a death and wish to share with peers in a supportive environment. The group will take place on a weekly or bi-weekly basis during the school day for 40-60 minutes.

The group will be facilitated by a professionally trained staff member from The Center for Loss and Bereavement. This organization is recognized by our school district as a valuable community resource offering specialized grief counseling, support group and professional trainings for over 20 years. You can learn more about The Center at: bereavementcenter.org.

Your child has been identified as a potential participant who may benefit from sharing about grief with peers who understand and can provide validation for feelings. The facilitator(s) will create an inviting, trusting environment for reflection and connection. The curriculum covers: defining grief and debunking myths, sharing their grief story, normalizing emotions, identifying safe coping strategies, sharing memories, and establishing continuing bonds.

We hope you will discuss this opportunity with your child and if interested, you can complete the online registration form here:

I am available to answer any questions.

Sincerely,

[school counselor, teacher, administrator, etc.]