



The Center *for*
Loss and Bereavement

In-School Grief Support Groups

Facilitated by The Center for Loss and Bereavement

"Support groups provide a warm, sheltered environment in which bereaved children and teens can mourn. Feelings understood by their peers and effective adult leaders bring down barriers between the bereaved child and the world outside.

-Alan Wolfelt, PhD, Healing the Bereaved Child



Our professionally facilitated support groups:

- Take place once a week for 6 weeks during the school day
- Are led by staff from the Center for Loss and Bereavement who specialize in children's grief support
- Support the school's role of meeting the emotional well-being needs of students from a holistic perspective



Benefits of peer support groups may include:

- Hope through companionship with peers who "get it"
- Feeling less lonely, isolated or judged
- Improving coping skills
- Talking openly and honestly in a safe, non-judgmental environment

Questions?

Feel free to reach out to Lois Harris,
our group program director at:
610-222-4110, ext. 118
lh@bereavementcenter.org

Scan the code
for more info!

