

# PROFESSIONAL TRAINING WEBINARS \*AVAILABLE NOW\*

## Intro to Grief & Loss Webinar Series

#### Grief 101: What's In-What's Out?

Introduces important grief topics including: demystifying old beliefs, reviewing up-to-date bereavement models/theories, explaining grieving styles, examining factors that impact grief, and exploring coping strategies

### More than One Type of Grief? It's Complicated

Introduces, discusses, and explores the many types of grief, including but not limited to, anticipatory, complicated, ambiguous,

disenfranchised, and traumatic grief

#### Resilience, Rebirth & Resourcefulness

Discusses the new mindset that can emerge out of grief and how to better understand the value of suffering while maintaining our own self-care as professionals

The Center for Loss and Bereavement is approved by the Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors to offer continuing education to social workers, marriage and family therapists and professional counselors. The Center for Loss and Bereavement maintains responsibility for this program.

#### **DETAILS**

- \$50 registration includes (3) 1 hour webinars
- 3 CEUs available for eligible professionals
- Group purchase rates available upon request
- Questions: Please contact Ashley Herr at amh@bereavementcenter.org
- 610-222-4110 ext 123

## DESCRIPTIONS & REGISTRATION









